



Dear PVNCCDSB Educator:

The LDAP is pleased to partner with the PVNCCDSB to provide 24 students, **on a first come first serve bases and at no cost to families**, the program SoAR. See below for program description and dates in your community. Please inform or distribute this information to students who you feel will benefit. Parents are requested to contact Maria Castiglione (866 503-3303) for details and registration.

## **SOAR: SOME ASSEMBLY REQUIRED**

**"Preparation for the changes and choices to be made in high school."**

**SOAR** is a program for students in grades 7, 8 and 9, developed by the Learning Disabilities Association of Ontario to encourage self-awareness, how to express ideas and follow directions, and becoming a self-advocate in the learning process and decision making.

**SOAR** provides each student with instruction and an opportunity for discussion with peers. Each student will receive the SOAR: Some Assembly Required workbook series to enhance and reinforce learning. Maximum of 12 participants per program. Location to be confirmed usually held at a local high school.

### **2010 SoAR dates in your community:**

**Peterborough:** Winter Jan 27 - Feb. 25, Spring Mar 31 - Apr 29 4:30pm-6:00pm, Wed/Thurs, Summer Aug 23, 24, 25, 26 10:00am-2:30pm  
**City of Kawartha Lakes:** Winter Jan 25 - March 1, 4:30pm-6:00pm, Mon/Tues Summer Aug 16, 17, 18, 19, 10:00 am-2:30 pm  
**Clarington:** Spring Mar 29 - May 3 4:30pm-6:00pm, Mon/Tues Summer Aug 9,10,11,12 10:00 am-2:30 pm  
**Northumberland:** Spring May 4 - June 8 4:30pm-6:00pm, Mon/Tues

<b>BOOK 1</b>	<b>BOOK 2</b>	<b>BOOK 3</b>
<b>L's and D's</b>	<b>Skills for Success</b>	<b>Making Choices for the Future</b>
<b>World's Greatest Computer is in Your Head</b> <ul style="list-style-type: none"> <li>○ Our Big Brains Love Learning</li> <li>○ There Are a Lot of Different Ways to be Intelligent</li> <li>○ Learning About Learning</li> <li>○ Mr. Brain goes to School</li> </ul>	<b>Why Do We have to go to School?</b>	<b>Life in High School</b> <ul style="list-style-type: none"> <li>○ Locker Life</li> <li>○ Class Transitions</li> <li>○ Get to Know Your Teachers</li> </ul>
<b>Your Brain + Your Education = Your Future</b> <ul style="list-style-type: none"> <li>○ Learning Styles</li> <li>○ Learning Interest</li> <li>○ Learning Abilities</li> </ul>	<b>Daily Skills: Developing Good habits</b> <ul style="list-style-type: none"> <li>○ How to Develop a Good Habit</li> <li>○ Compensatory Strategies</li> </ul>	<b>Keys to High School Success</b> <ul style="list-style-type: none"> <li>○ LDs are Complicated</li> <li>○ IEPs and Accommodations</li> <li>○ Self-Advocacy</li> </ul>
<b>What is a Learning Disability?</b> <ul style="list-style-type: none"> <li>○ Let's Play with our Brains!</li> </ul>	<b>Skills for Studying and Tests</b> <ul style="list-style-type: none"> <li>○ Learning the General Ideas</li> <li>○ Learning the Details</li> <li>○ Accommodations, Modifications and IEP</li> </ul>	<b>Making Choices for the Future</b> <ul style="list-style-type: none"> <li>○ Job Options</li> <li>○ How will my LD Affect my Chances for Job Success?</li> </ul>
<b>Different Kinds of Learning Challenges</b> <ul style="list-style-type: none"> <li>○ ADHD</li> </ul>	<b>Skills for Projects and Assignments</b> <ul style="list-style-type: none"> <li>○ Investigation</li> <li>○ Preparation</li> <li>○ Action</li> <li>○ Reflection</li> </ul>	<b>Further Resources</b> <ul style="list-style-type: none"> <li>○ Websites</li> <li>○ Books About LDs for Kids and Teens</li> </ul>
<b>How to Deal with your LD</b> <ul style="list-style-type: none"> <li>○ Go Over It!</li> <li>○ Go Through It!</li> <li>○ Go Around It!</li> </ul>	<b>Study Skills Quick- Reference Sheet</b>	

LDAP 159 King St Suite 204, Peterborough, ON K9J 2R8 705 748-9455 or 1 866 503-3303  
 Clarington: 905 623-1852      Northumberland: 905 377-9414      City of Kawartha Lakes: 705-324-2596

We are committed to the development of a community in which persons with Learning Disabilities and/or ADHD are enabled to reach their potential.

