

PETERBOROUGH VICTORIA NORTHUMBERLAND AND CLARINGTON CATHOLIC DISTRICT SCHOOL BOARD
IN PARTNERSHIP WITH THE PVNC DISTRICT CATHOLIC SCHOOL COUNCIL
PRESENTS AN EVENING FOR

PARENTS, EDUCATORS & COMMUNITY MEMBERS



Eight Essential Brain Skills Every Child Needs to Thrive

Thursday, April 23, 2009

7:00 - 9:00 p.m.

AT

Holy Cross Catholic Secondary School

1355 LANSDOWNE STREET WEST, PETERBOROUGH

Featuring Key Note Speaker

Dr. Adam J. COX Ph.D., ABPP

Dr. Adam J. Cox

- ❖ leading child and adolescent psychologist
- ❖ author of *"No Mind Left Behind: Understanding and Fostering Executive Control – The Eight Essential Brain Skills Every Child Needs to Thrive"*
- ❖ frequent lecturer at national and international conferences
- ❖ quoted in the New York Times, Philadelphia Inquirer, Time Magazine, Family Circle and Child Magazine
- ❖ articles, interviews and audio samples for parents and educators are available free on Dr. Cox's web site www.dradamcox.com



"No Mind Left Behind" – 8 Essential Skills Every Child Needs to Thrive and Succeed

- ❖ examines the eight important brain skills that develop throughout childhood that help children thrive in the classroom, among peers, and in family life
- ❖ offers practical strategies for building and coaching skills that lead to increasing a child's self-confidence
- ❖ redefines how we understand Attention Deficit Hyperactivity Disorder (ADHD), learning disabilities, and autism-spectrum disorders
- ❖ identifies the keys to capability and achievement in all children

**FREE ADMISSION
BUT A NON-PERISHABLE FOOD DONATION IS APPRECIATED**



Peterborough Victoria
Northumberland and Clarington
Catholic District School Board

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